

# PANTONES

ALL SHADES HAVE NEAREST PANTONE REF LISTED.  
ACTUAL SHADES MAY VARY.



# BODY MEASURING GUIDE

To find your perfect fit, first measure yourself close to your body. Check our measuring guide for your body size and pick the garment size closest to your body measurements. Some garments are made to fit more closely than others, so we have included all our garment measurement specifications on the following pages, to help you choose the right size and best fit for you.

*It is advisable to use actual body measurements rather than measuring over clothes.*

*The fit of a garment may vary depending on the cut, style and fabric.*

## MEN'S GARMENTS

TOPS & OUTERWEAR EXCLUDING FR104/FR500/FR501	XS	S	M	L	XL	XXL	3XL	4XL
EUR - Chest - To Fit	44-46	46-48	48-50	52	54-56	58	60-62	62-64
Chest - To Fit - Inches	34-36	36-38	38-40	42	44-46	48	50-52	52-54
Chest - To Fit - CMs	86-91	91-96	96-101	107	112-117	122	127-132	132-137
EXCEPTIONS - FR104/FR500/FR501	XS	S	M	L	XL	XXL	3XL	
EUR - Chest - To Fit	44-46	46-48	48-50	52	54-56	56-58	58-60	
FR104 - Chest - To Fit - Inches	34-36	36-38	38-40	42	44-46	46-48	48-50	
FR104 - Chest - To Fit - CMs	86-91	91-96	96-101	107	112-117	117-122	122-127	
EUR - Chest - To Fit	44-46	46-48	48-50	52	52-54	54-56		
FR500 & FR501 - Chest - To Fit - Inches	34-36	36-38	38-40	40-42	42-44	44-46		
FR500 & FR501 - Chest - To Fit - CMs	86-91	91-96	96-101	101-107	107-112	112-117		

TROUSERS & SHORTS	XXS	XS	S	M	L	XL	XXL
UK - Waist - To Fit - Inches	28	30	32	34	36	38	40
EUR - Waist - To Fit	38	40	42	44	46	48	50
Waist - To Fit - CMs	71	76	81	86	91	96	101
Regular Inside Leg Length - Inches	32	32	32	32	32	32	32
Long Inside Leg Length - Inches	34	34	34	34	34	34	34

## LADIES' GARMENTS

TOPS & OUTERWEAR	XS	S	M	L	XL	XXL	3XL	4XL
UK - To Fit	8	10	12	14	16	18	20	22
EUR - To Fit	36	38	40	42	44	46	48	50
Chest - To Fit - Inches	30-32	32-34	34-36	36-38	38-40	40-42	42-44	44-46
Chest - To Fit - CMs	78-81	81-87	87-91	91-96	96-101	101-107	107-112	112-117

TROUSERS & SHORTS	XS	S	M	L	XL	XXL
UK - To Fit	8	10	12	14	16	18
EUR - To Fit	36	38	40	42	44	46
Waist - To Fit - Inches	26	28	30	32	34	36
Waist - To Fit - CMs	66	71	76	81	86	91
Inside Leg Length - Regular Inches	32	32	32	32	32	32

## KIDS' GARMENTS

TOPS - AGE	5/6	7/8	9/10	11/13
Height - CMs*	116	128	140	158
Chest - To Fit - Inches	24-26	26-28	28-30	30-32
Chest - To Fit - CMs	60-66	66-71	71-76	76-81

*\*Please note that height is a better indication of fit than age.*